

A Guide for FOREIGNERS Living in SAGA

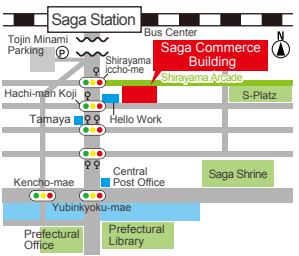
*If you have any difficulty living in Saga, please don't hesitate to contact us at any time.

Hours	Available languages	Location
Monday to Friday 9:00 - 17:00	Japanese English	Saga International plaza Saga Shoko Build.1F 2-1-12 Shirayama, Saga City TEL: 0952-22-7830 E-mail: info@spira.or.jp
Saturday, Sunday and public holidays are closed	Chinese Korean	

*Free legal consultation RESERVATION REQUIRED. However, in case of an emergency, please call us.

- I want to go to the hospital, but I don't speak Japanese.
- Information on group and private Japanese classes
- Event information
- International Exchange Activities

Tell your friends!
If you are interested in any of our events or services, please visit our website or contact us by email or phone.
URL: <https://www.spira.or.jp/>



Emergency Contacts



「じこです。きてください」
Jiko desu. Kitekudasai.
There's been an accident! Please come!

「たすけてください」
Tasukete kudasai.
Please help me!



110
(Police Station)



「きゅうびょうです / けがです。きてください」
Kyuubyou desu / Kega desu. Kitekudasai.
Someone is sick! / Someone is injured! Please come!

「かじです。きてください」
Kaji desu. Kitekudasai.
There's a fire! Please come!



119
(Ambulance / Fire Station)

While Japanese ambulances are free, please only use them if you can't get to the hospital on your own due to serious illness or injury.

最寄りの避難所 Nearest Shelter

ご連絡してください。
Please call

連れて行ってください。
Please take me to



この料理には、この材料が入っていますか?
Does this food contain any of these below?

大豆 soybean	乳製品 dairy products	エビ・カニ shellfish	豚肉 pork
小麦 wheat	鶏肉 chicken	ピーナッツ peanuts	卵 egg
そば buckwheat	牛肉 beef	魚類 fish	はちみつ honey

Hospitals on Holidays and Nights

The following medical facilities are open during nights and holidays. You can also search for English speaking hospitals holidays in Saga here: <http://www.qq.pref.saga.jp/>
Please be sure to take your insurance card and any medicines you are currently taking when visiting the hospital.
Hours of operation may change. Please check with the hospital before visiting.

※"New Years" refers to Dec 31st to Jan 3rd unless otherwise noted.

Area	Medical Facility	Telephone	Holiday and Night Reception Hours
Saga City	[Pediatrics] Saga-Shi Kyujitsu Kodomo Shinryo-jyo	0952-36-9174	Monday-Friday/20:00~22:00 Saturday/17:00~22:00 Sunday, Holidays & New Years /9:00~22:00
	[Dentistry] Saga-Shi Kyujitsu Shika Shinryo-jyo	0952-36-9164	Sunday, Holidays, New Years Aug15th /9:30~15:30
Tosu City	[Pediatrics, Internal Medicine and Surgery] Tosu-Shi Kyujitsu Kyukyu Iryo Center	0942-83-0119	Sunday, Holidays, New Years /9:00~18:30
Karatsu City	[Internal Medicine and Surgery] Karatsu Kyukyu Iryo Center	0955-75-5199	[Internal Medicine and Surgery] Sunday, Holidays, New Years, Observed holidays/9:00~21:00
Imari City	[Pediatrics, Internal Medicine and Surgery] Imari Kyujitsu Yakan Iryo Center	0955-23-9910	[Pediatrics] Monday-Friday/20:00~22:00 [Pediatrics, Internal Medicine and Surgery] Sunday, Holidays, New Years /9:00~17:00

Area	Medical Facility	Telephone	Holiday and Night Reception Hours
Takeo City	[Emergency Room, Pediatrics] Takeo Chiku Kyujitsu Kyukan Center	0954-22-5599	[Pediatrics] Every Day/19:00~21:00 [Pediatrics, Emergency Room] Sunday, Holidays, New Years /9:00~17:00
Kashima City	[Pediatrics] Kashima Kyujitsu Kodomo Clonic	0954-63-1838	[Pediatrics] Sunday, Holidays, Jan 1st, 2nd, 3rd / (1/1~1/3) 9:00~17:00
	[Pediatrics] Kashima Jikangai Kodomo Clonic		[Pediatrics] Wednesday/19:00~21:00 (Excluding Jan 1st, 2nd, 3rd)

AMDA International Medical Information Center
Here you can find information in others languages about medical facilities and medical welfare programs. <http://amda-imic.com/>

Area	Language	Day	Hours
Tokyo Center ☎03-5285-8088	English, Chinese, Thai, Korean, Spanish	Every Day	9:00~20:00
	Portuguese	Mon, Wed, Fri	9:00~17:00
	Tagalog	Wednesday	13:00~17:00
	Vietnamese	Thursday	13:00~17:00

Lost or Stolen

- Bank Card**
Saga Bank ☎ 0120-789-525
Japan Post Bank ☎ 0120-794-889
- Passport** Please contact your local embassy or consulate.

Consulate-General of the People's Republic of China in Fukuoka ☎810-0065 Fukuokashi Chuoku Jigyohama 1-3-3 ☎ 092-713-1121
Consulate-General of the Republic of Korea in Fukuoka ☎810-0065 Fukuokashi Chuoku Jigyohama 1-3-3 ☎ 092-771-0461, 0462
Consulate-General of the Socialist Republic of Viet Nam in Fukuoka ☎810-0801 Fukuokashi Hakataku Nakasu 5-3-8 Aqua Hakata 4F ☎ 092-263-7668
Consulate-General of the Republic of the Philippines in Osaka ☎540-6124 Osakashi Chuoku Shiromi2-1-61 Twin21 MID Tower 24F ☎ 06-6910-7881

- Residence Card** Contact your local Immigration Office
☎840-0801 Sagashi Ekimaecyuo3-3-20 Saga Daini Godo Chosha 6F
☎ 0952-36-6262
- Driver's License** Apply for re-issuing at your local license center
Saga Pref. Police Driver's License Center
☎849-0901 Sagashi Kubozumi Machi Ooaza Kawakubo 2121-26
☎ 0952-98-2220
- Wallet/Bicycle** Report at your nearest police station or KOBAN

Please write in Japanese.

なまえ 名前
じゅうしょ 住所
でんわばんごう 電話番号
せいねんがっぴ 生年月日
せいべつ 性別
こくせき 国籍
はなご 話せる言語
たいしかん 大使館の電話番号
きんきゅうけんらくさき 緊急連絡先 (日本)
かかっているびょうき 病気
のん 飲んでいる薬
しゅうきょう 宗教
あれるぎー 食べられないもの

血液型
Blood type

Language spoken
Embassy phone number
Emergency contact
Chronic illnesses
Medicine you take
Religion
Allergies or food restrictions

Evacuation Categories

避難準備情報 Evacuation warning	Evacuate at your own discretion, paying attention to any information provided related to possible disasters due to rains or typhoon.
避難勧告 Evacuation Recommendation	Begin to evacuate as there is a chance a disaster may occur.
避難指示 Evacuation order issued	There is imminent danger. Evacuate immediately.

Disaster Emergency Message Board (web171)

During disasters, phone calls may not be possible. Please use the message board as an alternative.



Radio Broadcasts During Disasters Where to find accurate information on the radio

Station	AM		FM	
	Frequency	Power	Frequency	Power
NBC Radio Saga	Imari	1116	Saga	77.9
	Saga, Karatsu, Arita	1458	Tosu	79.7
			Arita	79.9
NHK Saga	Imari	531	Saga	81.6
	Saga	963	Hizen Arita	88.9
	Karatsu	1584	Karatsu	86.8
			Saga	89.6

