

**【Original Document】**

Prevent Food Poisoning especially at evacuation shelters

<https://www.pref.saga.lg.jp/kiji00370503/index.html>

When it's warm and humid, the food goes bad quickly

The temperature and the humidity create mold in food, which can cause food poisoning..

When your immune system is weak, you can become seriously ill with food poisoning.

To prevent food poisoning, please eat when it's served.

Don't save the food for later.

Don't eat the leftovers or the food left out for too long.

Wash hands thoroughly before cooking, distributing, or eating.

If you can't get enough water, use a wet tissue.

If you have diarrhea, fever, or a wound on your fingers, do not cook or distribute food.

Call a doctor immediately if food poisoning is suspected.

Contact

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