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https://www.mhlw.go.jp/stf/newpage_00341.html

To those who are cleaning up their house after being flooded

The most important thing to prevent infectious diseases is cleaning and drying.

Outside (under the house, garden, etc.) generally disinfection is not necessary.

Prevention of infectious disease for houses that have been flooded

Bacteria and mold spread easily, so it is very important to clean your house thoroughly

Precautions when cleaning

- Open the doors and windows for air circulation
- Returning home after several days of absence it is likely that mold has spread
- Remove all mud and dry thoroughly. Use disinfectants only after cleaning
- Wear gloves to prevent injuries while cleaning
- Wear a mask to prevent inhalation of dust
- Wash your hands well after cleaning

To those during the cleaning process

Please observe the following precautions

1. infection from open wounds

<prevention> wear sturdy gloves and shoes with thick soles

wear long sleeved shirts and long pants to cover your skin

<in case of injury> clean the wound with running water and disinfect it

deep wounds or unclean wounds can lead to tetanus

(note: Tetanus is a medical condition where a wound becomes contaminated and if left untreated can result in death)

2. combating dust clouds

As the mud and ground dries up, dust clouds can get in your eyes causing conjunctivitis

In addition, if the dust gets into your throat or lungs it can cause infection, so it is necessary to protect your eyes and mouth

<prevention> wear goggles or masks

Post cleaning hand washing

<if something gets in your eyes> if you wash your eyes thoroughly, but they are still red please consult a doctor